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## Demand-controlled ventilation: do different user groups require different CO<sub>2</sub>-setpoints?

To cite this article: Martine Borgen Haugland *et al* 2019 *IOP Conf. Ser.: Mater. Sci. Eng.* **609** 042062

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# Demand-controlled ventilation: do different user groups require different CO<sub>2</sub>-setpoints?

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**Abstract.** The aim of this study is to investigate whether children's bioeffluent generation rate is proportional to their carbon dioxide (CO<sub>2</sub>) generation rate. Consequently, to assess if there is a need to differentiate the CO<sub>2</sub>-setpoint for different user groups, focusing on children. Perceived air quality (PAQ) and odour intensity (OI) were assessed in three classrooms in Oslo, Norway. Two second-grade classes (7-8 years old) were compared with one eighth-grade class (13-14 years old). An untrained test panel consisting of 16 people visited each classroom twice and were asked to evaluate PAQ and OI upon entering the classrooms. The CO<sub>2</sub> levels in the classrooms were kept constant at either 600 ppm or 1100 ppm during each visitation. The results showed that average PAQ-score was significantly worse in the second-grade classrooms compared to the eighth-grade classroom. For perceived odour intensity, the average score indicated that the odour was stronger in the second-grade classrooms compared to the eighth-grade classroom, however, this difference in score was not significant. Our results indicate a need for differentiation of setpoints for CO<sub>2</sub>-DCV based on user groups, especially for children.

## 1. Introduction

The increased focus on climate and energy use has resulted in demand-controlled ventilation (DCV) emerging as the dominating ventilation strategy in non-residential buildings in Norway. One of the most common methods for controlling such ventilation is by indoor carbon dioxide (CO<sub>2</sub>) concentration level (CO<sub>2</sub>-DCV) [1]. The current use of CO<sub>2</sub>-DCV is based on the assumption that the CO<sub>2</sub> generation rate by people is proportional to their bioeffluent generation rate [2]. This allows the CO<sub>2</sub> level in a room to be used as an indication of the level of human contamination affecting the indoor air quality, which is further used to determine the required ventilation rates. The majority of the research which this assumption is based upon was carried out in the 80's using adult female or male students [3,4]. To the best of our knowledge, there is currently insufficient evidence to suggest that this relationship is valid for other user groups than adults.

Children are more vulnerable to air pollutants and research has shown their school related performance to be reduced by up to 30 % when the indoor air quality is reduced [5]. Children produce less CO<sub>2</sub> than adults, but recommendations for CO<sub>2</sub>-DCV setpoints do not differentiate between user groups [6]. Consequently, children might receive a lower ventilation rate per person when CO<sub>2</sub>-DCV is used in schools.

The aim of this paper is to investigate whether the relationship between children's bioeffluent generation rate and their rate of CO<sub>2</sub> generation is proportional. Consequently, to see if there is a need to differentiate the setpoints according to different user groups, focusing on children, when CO<sub>2</sub>-DCV is used in schools.



## 2. Methods

### 2.1. Study design

The study was carried out in three classrooms at a school in Oslo, Norway. The school has demand-controlled ventilation controlled by a combined CO<sub>2</sub> and temperature sensor. The classrooms had an average floor area of 60 m<sup>2</sup>, height of 2.8 m and similar furnishings. One 8<sup>th</sup> grade class (A) was compared with two 2<sup>nd</sup> grade classes (B, C) at equal CO<sub>2</sub> levels. Each classroom was visited twice, first at a low CO<sub>2</sub> level (600 ppm) and then at a high CO<sub>2</sub> level (1100 ppm).

An untrained sensory panel of 16 people evaluated odour intensity (OI) and perceived air quality (PAQ) in the classrooms during the school day with pupils present. There was a gap of at least one hour between the two visitations. Each panelist received an assessment form for each round and were told to mark their responses on a PAQ scale and OI scale as shown in figure 1 [7].

1. Draw a line to indicate your perception of the air quality	2. Draw a line to indicate your perception of the odour intensity
Clearly acceptable	No odour
Just acceptable	Slight odour
Not acceptable	Moderate odour
Clearly unacceptable	Strong odour
	Very strong odour
	Overpowering odour

**Figure 1.** Scale used for assessment of PAQ (left) and odour intensity (right).

In order to achieve the desired CO<sub>2</sub> level, we used the new approach by Persily and de Jonge [6] to estimate CO<sub>2</sub> generation rates from building occupants. This approach takes into consideration gender, age, body mass and the level of physical activity by adding the basal metabolic rate (BMR) of the individuals of interest in the equation:

$$V_{CO_2} = RQ \text{ BMR } M \left( \frac{T}{P} \right) 0.000211 \quad (1)$$

Assuming the following values for the various parameters, where T (air temperature) = 294.15 K; P (pressure) = 101 kPa; RQ (respiratory quotient) = 0.85 and M (metabolic rate) = 1 met, eq. 1 can be expressed as:

$$V_{CO_2} = \text{BMR } 0.000522 \quad (2)$$

The supply airflow rates for the classrooms were then calculated using eq. 3 [8]:

$$\dot{V}_{supply} = \frac{G_{CO_2} \cdot 10^6}{G_{i,CO_2} - C_{o,CO_2}} \cdot \frac{1}{\epsilon_v} \quad (3)$$

where  $G_{CO_2}$  is the estimated total generated CO<sub>2</sub> (l/s),  $G_{i,CO_2}$  is the required indoor CO<sub>2</sub> level (ppm),  $C_{o,CO_2}$  is the outdoor CO<sub>2</sub> level (400 ppm) and  $\epsilon_v$  is the ventilation efficiency (set to 1). The calculated values are provided in table 1. These ventilation rates were then set as fixed airflow rates for the exhaust and supply air dampers during the experiments, overriding control signals from the building automation system.

Before the panelists entered the classrooms, we measured temperature, CO<sub>2</sub> concentration and relative humidity with a handheld Rotronic CP 11 (Rotronic AG, Bassers-dorf, Switzerland) with a declared accuracy of  $\pm 2.5\%$  RH,  $\pm 30$  ppm  $\pm 5\%$  of the measured CO<sub>2</sub> value and  $\pm 0.3$  K. Outdoor airflow rates were collected for each classroom by the Building Management system (BMS).

**Table 1.** Overview of the expected number of people, calculated outdoor air supply rate ( $\dot{V}_{\text{supply}}$ ), and estimated total CO<sub>2</sub> generation rate ( $G_{\text{CO}_2}$ ).

Classroom	N (pupils + teacher)	$\dot{V}_{\text{supply}}$ (m <sup>3</sup> /h)		$G_{\text{CO}_2}$ (l/s)
		At 600 ppm	At 1100 ppm	
<b>8A</b>	18 + 1	1177	336	0.065
<b>2B</b>	23 + 1	1134	324	0.063
<b>2C</b>	23 + 1	1134	324	0.063

## 2.2. Data analysis

For data analysis, the PAQ acceptability scale and the OI scale were converted into numbers. The PAQ acceptability scale was divided in two parts and coded as following: 1 = “Clearly acceptable”, and -1= “Clearly unacceptable”, while the OI scale was coded as 0 (“No odour”) to 5 (“Overpowering odour”). The scores were then used to calculate the percentage dissatisfied (PD) with air quality [9].

The paired sample t-test was used to examine whether there is a significant difference in PAQ and OI-scores between the 8<sup>th</sup> grade classroom and the two 2<sup>nd</sup> grade classrooms at constant CO<sub>2</sub> levels. The results were considered statistically significant when  $P < 0.05$ . Statistical analyses were performed with SPSS version 24 (SPSS Inc, Chicago, USA).

**Table 2.** Overview of the actual number of people, calculated and actual ventilation rate per person ( $\dot{V}_{\text{pers}}$ ), room temperature (T), CO<sub>2</sub>, relative humidity (RH) and calculated enthalpy.

Classroom	CO <sub>2</sub> (ppm)	N	Estimated $\dot{V}_{\text{pers}}$ (l/s)	Actual $\dot{V}_{\text{pers}}$ (l/s)	T (°C)	RH (%)	Enthalpy (kJ/kg)
<b>At low CO<sub>2</sub> level (600 ppm)</b>							
<b>8A</b>	755	18+2	17.2	16.4	21.7	27.9	33.2
<b>2B</b>	668	17+1	13.1	17.5	22.7	25.2	33.7
<b>2C</b>	698	18+2	13.1	15.8	22.1	27.3	33.6
<b>At high CO<sub>2</sub> level (1100 ppm)</b>							
<b>8A</b>	932	13+1*	4.9	6.7*	22.2	28.1	34.1
<b>2B</b>	970	19+1	3.8	4.5	23.0	27.7	35.3
<b>2C</b>	1013	19+1	3.8	4.5	22.1	30.5	35.0

\*several pupils left the classroom right before the visitation.

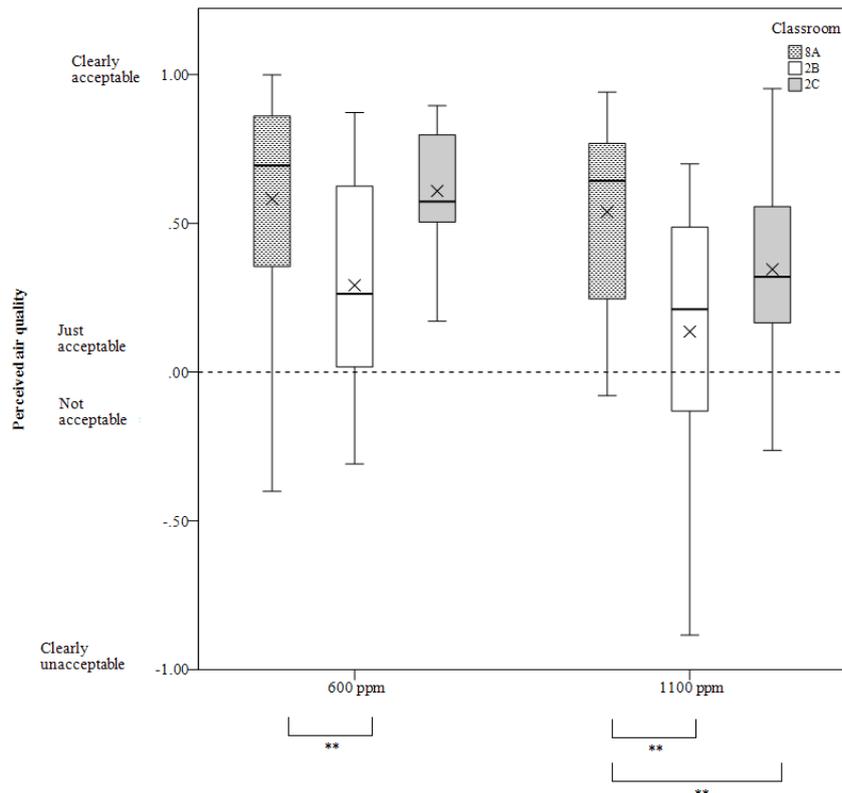
## 3. Results

The measured indoor climate parameters during the visitations at low and high CO<sub>2</sub> levels are shown in table 2. In general, there are not many variations in temperature and relative humidity in the three classrooms during each visitation. The actual number of people in the classrooms deviated from the estimated number, especially for the classroom with 8<sup>th</sup> graders, which when compared to the 2<sup>nd</sup> graders, resulted in higher CO<sub>2</sub> concentrations at low CO<sub>2</sub> level, and lower concentrations at high CO<sub>2</sub> level. The CO<sub>2</sub> levels were considered to be similar enough to be comparable.

### 3.1. PAQ

The variation of PAQ-scores for the three classrooms under different CO<sub>2</sub> levels are shown in figure 3. The test panel gave the highest PAQ-scores for the 8<sup>th</sup> grade classroom (low CO<sub>2</sub>: median = 0.69, high CO<sub>2</sub>: median = 0.65) with the lowest percentage dissatisfied (6.3 %). Classroom 2B received the lowest PAQ-scores (low CO<sub>2</sub>: median = 0.26, high CO<sub>2</sub>: median = 0.21) with more than 25 % dissatisfied with the air quality, especially at high CO<sub>2</sub> level (PD = 37.5 %).

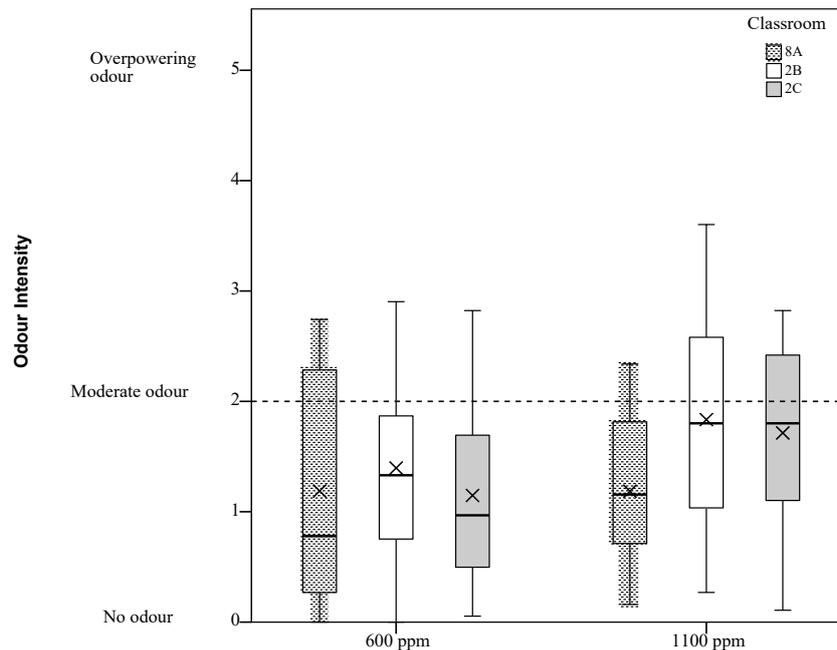
We found significant differences in PAQ-scores between the 8<sup>th</sup> grade classroom with both 2<sup>nd</sup> grade classrooms at high CO<sub>2</sub> level. While at low CO<sub>2</sub> level, the average PAQ-score for the 8<sup>th</sup> grade classroom was only significantly higher when compared with 2B.



**Figure 2.** Boxplot of PAQ-scores by CO<sub>2</sub> level. The dotted line indicates just acceptable PAQ. The dark line in the middle of the boxes is the median, the X symbol is the mean. The top and bottom of the box are the 75<sup>th</sup> and 25<sup>th</sup> percentiles. Whiskers indicate the 10<sup>th</sup> and 90<sup>th</sup> percentiles. Asterisks indicate the level of statistical significance: \*\* $p < .05$ .

### 3.2. Odour intensity

Figure 3 shows the variation of odour intensity scores for the three classrooms at different CO<sub>2</sub> levels. Generally, the 2<sup>nd</sup> grade classrooms scored higher on the odour scale than the 8<sup>th</sup> grade classroom, especially at high CO<sub>2</sub> level (median = 1.8 for 2B and 2C). The percentage dissatisfied with odour was also highest for the two 2<sup>nd</sup> grade classrooms at high CO<sub>2</sub> level (PD = 37.5 %). At low CO<sub>2</sub> level, the 8<sup>th</sup> grade classroom, which had a higher ventilation rate per person, received a higher percentage dissatisfied with OI (PD = 25 %) than the two 2<sup>nd</sup> grade classrooms (PD = 12.5 – 18.8 %). We found that the OI-scores for the 8<sup>th</sup> grade classroom did not differ significantly from the OI-scores for the two 2<sup>nd</sup> grade classrooms.



**Figure 3.** Boxplot of odour intensity by CO<sub>2</sub> level. The dotted line indicates acceptable odour intensity. The dark line in the middle of the boxes is the median, the X symbol is the mean. The top and bottom of the box are the 75<sup>th</sup> and 25<sup>th</sup> percentiles. Whiskers indicate the 10<sup>th</sup> and 90<sup>th</sup> percentiles.

#### 4. Discussion

The aim of this study was to investigate whether the relationship between children's bioeffluent generation rate and their rate of CO<sub>2</sub> generation is proportional, and if there is a need to differentiate the setpoints for user groups such as children when CO<sub>2</sub>-DCV is used in schools.

We found that the average PAQ-score in classrooms with children are significantly lower compared to a classroom of teenagers, at equal levels of CO<sub>2</sub> and similar temperature and RH. This indicates that the relationship between bioeffluent generation rate and CO<sub>2</sub> generation rate differs between children and teenagers. However, even small differences in enthalpy between the classrooms might have an effect on PAQ [10] as the largest difference in enthalpy (1.2 kJ/kg) resulted in the biggest difference in PAQ-score (difference of 0.35 between 8A and 2B at high CO<sub>2</sub> level). Nevertheless, the tendency of lower air quality in the classrooms with children is still visible when using ventilation rate per person as basis for comparison. The differences in PAQ and OI-score between the 2<sup>nd</sup> grade classrooms and the 8<sup>th</sup> grade classroom were generally more pronounced at high CO<sub>2</sub> level. Possibly due to the higher ventilation rates at the low CO<sub>2</sub> level (15 – 17 l/s per person), which are more than twice the recommended ventilation rate. This will presumably have removed most of the bioeffluents in the classrooms. Whereas at high CO<sub>2</sub> level with ventilation rates of 4.5 – 7 l/s per person, the variation in bioeffluents emitted from the pupils would have been more prominent. Yet, this could also be due to other factors than the bioeffluent generation rate, e.g. differences in hygiene, clothing or stored materials between the age groups. Further research is needed to test these hypotheses. Currently, our findings are not sufficient to fully describe a relationship between the bioeffluent generation rate and CO<sub>2</sub> generation rate.

Although it is not required to differentiate the setpoints according to user groups when using CO<sub>2</sub>-DCV in Norway, it has been recommended to reduce the setpoint for children due to the CO<sub>2</sub> generation rate in children being 20 % lower than that of adults [11]. Based on the theoretical model by Persily and de Jonge [6], we found that the theoretical difference in CO<sub>2</sub> generation between children and adults can be as high as 38 %. Our findings thus also support the notion of lowering the CO<sub>2</sub>-setpoints for children and teenagers. It is assumed that this will involve an increase in energy usage due to increased ventilation rates. However, the implications on energy usage and the technical challenges involved by introducing

different setpoints according to user groups, e.g. children and teenagers, are not within the scope of this study.

As previous research within the field has been carried out using mostly adults, it would be of further interest to compare bioeffluent generation rate in children to that in adults. Also, it would be of interest to compare whether there are also differences in how the pupils themselves rate the air quality in the classroom they occupy.

## 5. Conclusion

Our results indicate that there might be a need to differentiate the setpoints for different user groups based on age when using CO<sub>2</sub>-DCV, especially for children. Further research, such as an updated sensory pollution load according to age groups, would be useful to provide precise recommendations on CO<sub>2</sub>-setpoints and ventilation rates at minimum occupancy.

## Acknowledgements

This paper is based on the master thesis by Martine Borgen Haugland, and was a part of the BEST VENT project. BEST VENT is funded by the Research Council of Norway EnergiX program under Grant 255375/E20 together with the industry partners Undervisningsbygg Oslo KF, GK Inneklima AS, DNB Næringseiendom AS, Erichsen & Horgen AS, Multiconsult AS, Interfil AS, Camfil Norge AS, Swegon AS, Belimo Automasjon Norge AS, Toma Eiendomsdrift AS, and Norsk VVS Energi- og Miljøteknisk Forenings Stiftelse for forskning.

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