

1 **Sodium reduction in processed cheese spreads and the effect on physicochemical**
2 **properties**

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27 ABSTRACT

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29 The effect of a reduced amount of emulsifying salt on the chemical and textural properties of
30 processed cheese was studied. Reducing the amount of emulsifying disodium phosphate salt
31 added resulted in a slight reduction in the pH, lightness and viscosity of the processed cheese.

32 When replacing disodium phosphate with potassium phosphate or potassium citrate
33 alternatives, the processed cheese had slightly higher pH compared with the reference sample.

34 When 15% of sodium in phosphate salt was replaced by the same molar amount of potassium
35 in phosphate form or as citrate salts, the viscosity of the cheese was similar to the reference
36 sample and most of the samples were evaluated as acceptable. However, when 30% of sodium
37 in phosphate form was replaced by either potassium phosphate or citrate a slightly lower
38 viscosity of the processed cheese was indicated and this could be due to the slightly higher pH.

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41 1. Introduction

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43 The intake of sodium in modern western diet is excessive, with potentially harmful
44 effects on health. In industrial countries about 70–85% of dietary salt is obtained through
45 processed food consumption (Kloss, Meyer, Graeve, & Vetter, 2015). Public health and
46 regulatory authorities (FSA, 2004; WHO, 2006) have published advisory guidelines for
47 reduction of salt intake down to 5 g day⁻¹ or lower. Increased awareness of sodium content in
48 food has led the food industry and food scientists to work to reduce the amount of sodium in
49 processed food products. The amount of sodium present in processed cheese is usually higher
50 (325–798 mg 50 g⁻¹) than present in natural cheese (95–697 mg 50 g⁻¹) due to addition of NaCl
51 and emulsifying salts (Agarwal, McCoy, Graves, Gerard, & Clark, 2011; Johnson, Kapoor,
52 McMahon, McCoy, & Narasimmon, 2009). Therefore, the processed cheese industry is looking
53 for technological solutions for low salt processed cheesed formulations without changing
54 product quality or sensory profile.

55 Processed cheese is produced by adding emulsifying salts (e.g., sodium phosphates,
56 citrates) to natural cheese (Gouda, Cheddar). In combination with heating and shearing, the
57 emulsifying salts break calcium phosphate bridges that crosslink *para*-casein molecules,
58 resulting in soluble casein forming a network structure that is responsible for processed cheese
59 viscosity. During heating, *para*-caseinate emulsifies oil and forms a stable oil-in-water
60 emulsion, a process referred to as creaming. This process forms a homogenous product with an
61 extended shelf life, but leads to relatively high levels of sodium compared with hard cheese
62 because the addition of emulsifying (sodium) salts.

63 The major sources of sodium in processed cheese are emulsifying salts (44–48%), the
64 cheese (28–37%) used for processed cheese production and added salt (15–24%) (Johnson et
65 al., 2009). There are 13 types of emulsifying salts that can be used in processed cheese

66 manufacture, either singly or in combination with each other (Lucey, Maurer-Rothmann, &
67 Kaliappan, 2011); disodium phosphate is one of the main types. Trisodium citrate is also
68 common choice of an emulsifying salt for processed cheese, but usually for slices or sliceable
69 blocks, not spreads.

70 Options available to reduce the amount of sodium in processed cheese are reduction of
71 sodium in the hard cheese (raw material) or in the sodium content of the emulsifying salt by
72 changing the emulsifier salt system. The amount of emulsifying salt needed to produce
73 processed cheese depends on the cheese raw material, the type of emulsifying salt used, the
74 processing conditions and the type of processed cheese product.

75 Different emulsifying salts contribute differently to processed cheese quality, sensory
76 and rheology. Lower meltability of cheese produced using phosphate salts compared with that
77 produced with citrate salt was explained by the phosphate anion being a more functional
78 Ca^{2+} chelant than the citrate anion in the development of the internal structure of the protein
79 matrix (Gupta, Karahadian, & Lindsay, 1984). Potassium analogs of phosphate and citrate
80 emulsifier salts yielded similar emulsifying properties, although the potassium salts seem to
81 cause slightly less emulsification at equivalent concentrations. However, potassium salts at
82 high levels impart a bitter taste to the product (Gupta et al., 1984). The amount and type of
83 emulsifying salts affect the pH of the product (Lucey et al., 2011). An increased amount of
84 emulsifying salt will increase the product pH, leading to a more open and looser processed
85 cheese network, better water binding capacity and emulsification (Lu, Shirashoji, & Lucey,
86 2008; Mulsow, Jaros, & Rohm, 2007). However, the pH effect is also dependent on the type of
87 emulsifying salts involved, as well as the other ingredients used for processed cheese
88 production.

89 Processed cheese filled into tubes is an important product in Norway and other
90 Scandinavian countries. The textural and rheological properties of this product are particularly

91 important as the product has to be easy to squeeze out of the tube without being runny. When
92 changing composition or reducing the amount of emulsifying salt, textural and rheological
93 properties of the processed cheese can be changed. Such changes may be compensated for by
94 changing the production process. Increasing creaming time leads to increased viscosity.
95 However, prolonged processing time may lead to collapse of the protein-gel network structure
96 (Lee, Buwalda, Euston, Foegeding, & McKenna, 2003). Increase in processing temperature
97 leads to a significant reduction in viscosity of the cheese mass (Dimitreli & Thomareis, 2004)
98 and, in the final product, usually results in reduced fat globule diameter, accompanied by an
99 increase in firmness. However, the temperature effect may also depend on the fat and other
100 components amount in the product.

101 The formulation of a balanced processing cheese mix will depend on the composition of
102 the raw material cheese, emulsifying salts and their interaction. In Norway, processed cheese in
103 tubes is based on Gouda-type cheese, which comprises 60% of the final product mass. This is
104 high compared with the amounts usually used for similar products in Europe, where ingredients
105 such as proteins, starch and polysaccharides are used to improve the texture. Therefore, to
106 obtain the fine emulsified system using higher amount of hard cheese, it can be that more or
107 different emulsified salt and optimal processing conditions should be applied compared with
108 the studies discussed above. In the present work, effects on physiochemical and sensory
109 properties of processed cheese when disodium phosphate is reduced or exchanged with
110 dipotassium phosphate and trisodium and tripotassium citrates were investigated. Sodium
111 reduction in combination with changes in process parameters on physiochemical and sensory
112 properties of processed cheese based was also investigated.

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114 **2. Material and methods**

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116 2.1. *Chemicals and emulsifying salts*

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118 Sodium carbonate (Na_2CO_3), sodium hydroxide (NaOH), copper sulphate (CuSO_4),
119 potassium sodium tartrate ($\text{KNaC}_4\text{H}_4\text{O}_6 \cdot 4\text{H}_2\text{O}$), sodium chloride (NaCl), potassium chloride
120 (KCl) were from Merck, Darmstadt, Germany; potassium sorbate was from Brenntag, Jiangsu,
121 China. Disodium phosphate dihydrate ($\text{Na}_2\text{HPO}_4 \cdot 2\text{H}_2\text{O}$) was from Joha, Ladenburg, Germany,
122 dipotassium phosphate (K_2HPO_4) and tripotassium citrate monohydrate ($\text{K}_3\text{C}_6\text{H}_5\text{O}_7 \cdot \text{H}_2\text{O}$) were
123 from VWR, Leuven, Belgium; trisodium citrate dihydrate ($\text{Na}_3\text{C}_6\text{H}_5\text{O}_7 \cdot 2\text{H}_2\text{O}$) was from Merck.

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125 2.2. *Raw material and processed cheese composition*

126

127 Ingredients used for processed cheese preparation were Gouda-type natural cheese was
128 used for processed cheese preparation with 26% fat, 27% protein and 1.2% NaCl as declared by
129 the supplier, aged for 12 weeks, rework of processed cheese, potassium sorbate and water. In
130 total, 15 different recipes were used in the study, as summarised in Table 1. The exact amounts
131 of the ingredients cannot be given because of the commercial interests; the 100% concentration
132 of emulsifying salt was $15.3 \text{ mmol } 100 \text{ g}^{-1}$.

133

134 2.3. *Processed cheese preparation*

135

136 The processed cheese samples were prepared in a Stephan-Geiger homogeniser-grinder
137 (UM 5, 1996) with the capacity for 2 kg of product and stirring speed 21 rpm and heated by
138 both indirect and direct steam injection. The process was as follows: water, cheese cut into
139 cubes ($3 \times 3 \times 3 \text{ cm}$), emulsifying salt, rework and potassium sorbate were initially mixed at
140 room temperature for 15 s. The blend was heated up to $60 \text{ }^\circ\text{C}$ using both direct and indirect

141 steam while stirring constantly at 21 rpm. After the mass reached 60 °C, it was stirred for 1.5
142 min to get creaming reaction. The temperature was controlled using thermometer integrated
143 with the Stephan-Geiger homogeniser-grinder. In the experiments with varying process
144 conditions (experiment B, see below), the creaming time used was 1.5, 3 or 4.5 min, whereas
145 creaming temperature was 45, 55 or 65 °C. After the creaming reaction, the temperature of
146 processed cheese mass was raised to 95 °C and held for 6 min. The processed cheese mixture
147 was vacuumed and hot filled into 175 g tubes (Tectubes, 40 mm × 174 mm). Within 10 min, all
148 the manufactured and sealed samples were placed and stored at 4 °C until analysed.

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150 2.4. *Experimental design*

151

152 The study involved two experiments, A and B. Experiment A comprised 20 samples
153 produced from recipes 1–12 (Table 1); experiment B comprised 24 samples made from recipes
154 1–5, 9–10 and 13–15 (Table 1). Both experiments were run over two days. The amounts and
155 composition of emulsifying salts used in the experiments, and the total calculated amount of
156 sodium in the processed cheese are given in Tables 2 and 3 for experiment A and B,
157 respectively.

158 In experiment A, Na content was reduced to 85% and 70% in three different ways: (i)
159 without replacement, (ii) with partial or full replacement of disodium phosphate dihydrate (Na-
160 P) with dipotassium phosphate (K-P) and (iii) with replacement with tripotassium citrate (K-C)
161 and trisodium citrate (Na-C). The latter did not give Na reduction, but was included to compare
162 effects of different citrates (sodium and potassium). Experiment A is summarised in Table 2.

163 The purpose of experiment B was to test if changes in process parameters could
164 compensate for changes in rheological/textural properties caused by changing the amounts and
165 composition of emulsifying salt. This experiment was conducted as a fractional factorial design

166 with two levels of the factors: creaming time, creaming temperature, Na-P, K-P and K-C. A
167 reference sample (no reduction of Na-P) and a centre point were added to the experiment. The
168 levels of each of the parameters are given in Table 3. To check repeatability, two replicates
169 were made of the centre point, the reference and three of the design points (Table 3).

170

171 2.5. *Chemical composition analysis.*

172

173 2.5.1. *Dry matter*

174 Dry matter in processed cheese sample was determined using HR73 Halogen Moisture
175 Analyzer (Mettler Toledo, Germany). The results are expressed in g 100 g⁻¹ dry matter. The pH
176 of each sample was measured with pH meter (Mettler Toledo).

177

178 2.5.2. *Sodium and potassium content*

179 The sodium and potassium contents were determined using Dual StarTM pH/ISE meter
180 (Thermo Fisher Scientific, Waltham, MA, USA) with a Na-selective electrode (Orion Ross[®]
181 Sodium Ion Selective Electrode; Thermo Fisher Scientific) and K-selective electrode (Orion
182 Ross[®] Potassium Ion Selective Electrode; Thermo Fisher Scientific).

183 Sample preparation was followed according to the method of Kivikari (1996) and its
184 modification by Greiff et al. (2014). The extracts were prepared by homogenising 7.5 g of
185 processed cheese in 250 mL plastic bottle with ultrapure water using an Ultraturrax T-25 (IKA,
186 Labortechnik, Staufen, Germany) at 9000 rpm for 1 min, warmed to 90 °C for 30 min, cooled
187 to room temperature and ultrapure water added to approximately 250 g weight in total; the total
188 weight was noted. Samples were filtered through a cellulose filter paper (Whatman no. 1,
189 Whatman International Ltd., Maidstone, UK). The extracts were analysed at room temperature
190 using the Na- or K-selective electrode.

191 The direct calibration method was used for measuring. For sodium and potassium
192 determination a calibration curve was done with four standards (1, 10, 100 and 1000 ppm) of
193 analytical grade NaCl or KCl, respectively. Sodium ionic strength adjustor or potassium ionic
194 strength adjustor (Thermo Fisher Scientific), respectively was added to all solutions to make
195 sure that standards and samples had similar ionic strengths. Three parallel determinations were
196 made for each sample.

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198 2.6. *Physical and rheological characteristics*

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200 2.6.1. *Acceptance test (quality control)*

201 When final product was obtained (after two weeks of storage at 4 °C), an acceptance
202 test of the product was performed. In this test, textural properties of the processed cheese
203 spreads, were evaluated by pressing out the cheese spread from the tubes in stripes on
204 aluminium foil. After 5–10 min the expansion of the stripes were evaluated by visual
205 inspection, and the cheese was classified as accepted (yes) if there was no appearant expansion,
206 and non-accepted (no) if the stripe had expanded. In addition four samples were labelled
207 “maybe”, these were treated as not accepted in the analyses. The acceptance test was done by a
208 trained operator. This acceptance test is also used as quality control in standard production.

209

210 2.6.2. *Viscosity measurement*

211 Viscosity of the processed cheese was determined using Brookfield DV-II+ viscometer
212 with helipath stand (Brookfield engineering labs, USA). The viscosity was determined at three
213 points under different determination conditions explained in Table 4. When viscosity was
214 determined, 60 g of the sample was transferred in 100 mL beaker. For sample obtained after
215 cooking (Vcp-hot), the viscosity was recorded for 4 min and only one determination was

216 performed per sample. For viscosity determination of final processed cheese (Vcp-4C and Vcp-
217 20C), the determination was performed for 2 min in duplicate and the viscosity value is given
218 as an average of two determinations.

219

220 2.6.3. *Objective measurement of expansion of processed cheese stripes*

221 The aim of this method was to measure expansion of processed cheese stripes by
222 computer vision. The application of the test set up was similar to the application in acceptance
223 test (2.5.1). The test set up consisted of two USB 3.0 cameras (Point Grey Grasshopper3 GS3-
224 U3-23S6C-C), a line laser (Z-LASER 450 nm) and a moveable platform actuated by a stepper
225 motor (Fig. 1A). The platform moves the stripes past the laser line where the first camera
226 measure the height profile of each stripe and then stops the platform in front of the second
227 camera resulting in a time lapse image. The process is continuously repeated during the test.
228 The line scanner creates a depth image consisting of 400 scan lines. These data can
229 subsequently be converted to a 3D representation of the stripes (Fig. 1B). The expansion of
230 each stripe is measured for each of the 400 scan lines and compared with the original expansion
231 during the first scan. The expansion u for stripe i at time t is defined as:

$$u_i(t) = \frac{1}{400} \sum_{n=1}^{400} \frac{b_{in}(t)}{b_{in}(0)}$$

232 where $b_{in}(t)$ is the measured width of stripe i at scan line n at time t and $b_{in}(0)$ is the original
233 width of the same stripe at the same scan line. The width b is measured from the scan line as
234 shown in Fig. 1C. During the experiment, 20 stripes were scanned in groups of four for an
235 entire hour. The expansion was evaluated measuring three different features: the final
236 expansion after one hour of measurement (FinalExpansion), the expansion obtained after 5 min
237 of measurement (Expansion-5min) and the time that takes the expanding stripe to reach 1-1/e of
238 its final expansion (TimeConstant).

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2.6.4. Rheological measurements

Rheological measurements were performed 1 month after production using StressTech rheometer (Reologica Instruments AB, Sweden) at 20 °C and 5 °C with a 40 mm diameter stainless steel plate. The samples were spooned on the plate of the rheometer and the excess cheese was removed using a wooden spatula after the rheometer geometry was in place. The samples were equilibrated for 2 min before measurements commenced. Two type of tests were given: (i) oscillation strain sweep with the maximum loading force 4.158×10^4 Pa and (ii) deformation strain from 0.001 to 1 and constant frequency 1 Hz. The storage modulus, G' , the loss modulus, G'' , the complex modulus, G^* were recorded as well as the loss factor $\tan \delta_{\max}$. The results of this test were (all at 20 °C and 5 °C): (i) yield stress (YS-20 and YS-5, respectively); (ii) yield strain (YN-20 and YN-5, respectively); (iii) standard viscosity sweep (V50-20 and V50-5); (iv) shear rate (SR-20 and SR-5, respectively); (v) shear stress (SS-20 and SS-5, respectively).

2.6.5. Colour evaluation

Colour measurement was done using Minolta Chroma meter CR-400 (Konica-Minolta, Osaka, Japan). Data were stored in $L^*a^*b^*$ values. Parameter L^* refers to the lightness of the samples, and ranges from black ($L = 0$) to white ($L = 100$). A negative value of parameter a^* indicates green, while a positive one indicates red–purple colour. Positive value of parameter b^* indicates yellow while negative value indicates blue colour. The Minolta CR-400 Chromameter D65 calibration plate was used for calibration. Measurements were replicated three times.

263 2.6.6. *Sensory evaluation by projective mapping*

264 To obtain more information on perceived sensory properties, projective mapping (PM)
265 (Pages, 2003; Risvik, McEwan, Colwill, Rogers, & Lyon, 1994) was performed by a trained
266 sensory panel of nine assessors at Nofima AS, Norway, on a set of nine batches from
267 Experiment B. All samples were presented simultaneously to each panellist. The panellists
268 were then requested to taste the samples, and then organise the samples on a web-based table
269 cloth in such a way that two samples were placed near each other if they seemed identical, and
270 distant from each other if they were different. Assesors were also asked to describe samples or
271 groups of samples with suitable attributes. For sensory evaluation, panellists were given
272 approximately 11 g of cheese from each sample, the samples were served at room temperature
273 in white plastic cups coded by random three-digit numbers. One of the samples were served in
274 two replicates. The assessors had unsalted crackers and lukewarm water for rinsing the palate
275 between samples. Each assessor evaluated all samples at individual speed on a computer
276 system for direct recording of data, EyeQuestion Software (Logic8 BV, the Netherlands).

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278 2.7. *Statistical analysis*

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280 2.7.1. *Multivariate analysis of textural properties*

281 Explorative analysis of textural properties of the processed cheese where done by
282 principal component analysis (PCA) on rheological, viscosity and the expansion measurements
283 for all samples. As a tool for interpretation of the PCA models, experimental factors were
284 included as supplementary variables to obtain the correlation loadings for these variables. No
285 systematic difference between samples run on different days could be discovered in PCA plots
286 for neither of the two experiments, and day effect was neglected for further analyses.

287 The textural properties comprises a number of highly correlated measurements
288 (viscosity, rheology and objective expansion measurements), it is therefore natural to use the
289 multivariate structure in the data for the hypothesis testing. For experiment A, the textural
290 properties were tested by PC-ANOVA (Luciano & Næs, 2009), whereas in experiment B 5050-
291 MANOVA (Langsrud, 2001, 2002; Langsrud, Jorgensen, Ofstad, & Naes, 2007) was applied.
292 In PC-ANOVA, a PCA is first applied then the scores of the first components are analysed by
293 ANOVA using the same models as for the set of univariate responses. 5050-MANOVA is a
294 method for multivariate ANOVA in designed experiments with highly correlated responses.
295 Rotation tests (Langsrud, 2005) were applied to control for multiple testing issues by
296 controlling the False Discovery Rate (FDR), and to determine which of the responses were
297 significantly affected by the experimental factors.

298

299 2.7.2. Hypothesis testing

300 For experiment A, significant effects of Na-reduction (part a) and Na-reduction with
301 full replacement by K-P (part b) was tested by one way ANOVA on pH, dry matter and
302 brightness/colour measurements and on PC1-PC3 of the textural responses. Part c was analysed
303 as a full factorial experiment with factors Na-P (70, 85), Na-C (0, 15) and K-C (0, 15) (recipes
304 2, 3 and 7–12, Table 1), but due to large variation between replicates, no consistent results were
305 found, and the analyses are not discussed further.

306 In experiment B, main effects of the factors creaming time, creaming temperature, Na-
307 P, Na-K and Na-C were estimated using ANOVA for univariate responses (pH, dry matter and
308 brightness/colour measurements) whereas 5050-MANOVA was employed for the textural
309 quality, which is a multivariate response. In all cases only the fractional part of the design
310 (Table 3) were included in the analyses. We report the false discovery rate (FDR) values from
311 the rotation test, as well as the p -values from the univariate t-tests.

312

313 3. Results

314

315 To reduce sodium content in the processed cheese several approaches were tested. The
316 approaches investigated in experiment A were: (i) reduction of emulsifying salt, (ii)
317 replacement of Na-P with K-P and (iii) use of citrates. The main focus in experiment B was to
318 see if process parameters (creaming time and temperature) could be adjusted to compensate for
319 less sodium without replacement, with K-P or with K-C.

320

321 3.1. Dry matter

322

323 Dry matter content of the samples ranged from 38.2% to 40.2% and 37.8% to 39.7% in
324 experiment A (Table 2) and B (Table 3), respectively. No significant differences ($p > 0.05$)
325 within each experiment could be identified.

326

327 3.2. Effects on pH

328

329 Effects of emulsifying salt reduction on pH are summarised in Fig. 2 for both
330 experiments, see also Tables 2 and 3. Fig. 2a shows a clear decrease in pH between 100% and
331 85% Na-P for experiment A, results for 70% Na-P are, however, not conclusive as the two
332 replicates are very different. The overall test of difference is therefore not significant ($p = 0.31$).
333 In experiment B, on the other hand, there was a significant ($p < 0.001$) increase in pH from
334 70% to 85% Na (Fig. 2b).

335

336 Fig. 3 shows results when Na-P is partially replaced by K-P. In experiment A, the
reference (100% Na-P) had lower pH than 70% Na-P, 30% K-P. The average for 85% Na-P,

337 15% K-P was, however, higher than both reference (100% Na-P) and 70% Na-P, 30% K-P.
338 The differences were only near significant ($p = 0.08$, Table 5).

339 In experiment B (Table 6), it was confirmed that K-P replacement can have a positive
340 effect on pH, as pH was significantly higher in the sample with 15% K-P compared with the
341 reference ($p < 0.001$, Fig. 3).

342 Due to large experimental error, it was difficult to make any conclusions regarding the
343 effect of K-C in experiment A; in experiment B, K-C increased pH significantly ($p < 0.0001$;
344 Table 6, Supplementary material Fig. S1).

345 In summary, the results indicate that reduction in Na-P decrease pH, but that other
346 emulsifiers such as K-P and K-C can increase pH. The observed changes in pH for different
347 emulsifiers are, however, small when compared with differences in average pH from
348 experiment A (6.16) and B (5.94). Hence other factors such as raw material composition may
349 influence the pH more than the sodium content.

350

351 3.3. *Effects on textural properties*

352

353 Effects on textural properties were studied using PCA of the rheology, viscosity and
354 expansion measurements. The scores plots (Fig. 4) show that accepted and non-accepted
355 samples (section 2.5.1) are located on the left and right side of the scores plots, respectively.
356 One exception is the sample with 85% Na-P and 15% of both citrates from experiment A that is
357 located far to the left in Fig. 4 top, this sample was described as “too thick”. All samples with
358 one or both of the citrates are on the left side, indicating that adding citrates had a positive
359 effect of improving the textural composition. It is clear from Fig. 4 that there is no clear border
360 between accepted and products that are too thin, indicating that there are several options that

361 may give acceptable quality in Na reduced products. There are, however, some variations
362 between replicates.

363 Fig. 5 shows the correlation loading plot from experiment B. A similar correlation
364 pattern between the variables was observed for both experiments, hence the plot for experiment
365 A is not shown. The first component (explaining 54% of the variability) is related to viscosity
366 (V50 and Vcp), the loss modulus (G) and yield stress (YS) on the left side, and expansion
367 measurements from the objective imaging (Exp5, ExpF) together with shear rate (SR) on the
368 right side. Hence this component is related to the fluidity of the samples, and shows that the
369 non-accepted samples on the right side of Fig. 4 have too low viscosity and floats out too much
370 during the expansion test. The variables contributing most to the second component (explaining
371 15%) are yield strain (YN), shear stress (SS) and as well as the variables from the objective
372 imaging (TC, Exp5, ExpF). These variables seem to be more related to between replicate
373 variation than the design.

374 For most of the variables, measurements at 5 and 20 °C lie close together, hence
375 processed cheese taken from the fridge and when kept in room temperature for a period have
376 similar properties. The largest variation between the two temperatures are observed for YN and
377 SS. PC-ANOVA (experiment A) and 5050-MANOVA (experiment B) were applied to test
378 effects of salt reduction, replacers and process conditions. In experiment A, the first component
379 which was related to textural properties, was significantly affected by level of Na-P, but not by
380 K-P and K-C (Table 5). In experiment B, a model with main effects of all five factors (Na-P,
381 K-P, K-C, creaming time and creaming temperature) was fitted. The *p*-values for the effects are
382 summarized in Table 6, whereas Table 7 provides the FDR adjusted *p*-values for the different
383 measurements. 5050-MANOVA indicated significant effect of all three emulsifying salts (Na-
384 P, K-P and K-C), but unsure effect of creaming time ($p = 0.13$) and no effect of creaming
385 temperature ($p > 0.7$). All the salts had a significant effect ($p < 0.003$). A second model without

386 creaming temperature, and all two factor interactions indicated significant interactions between
387 creaming time and K-C and between the emulsifiers ($p < 0.1$).

388

389 3.4. *Effects on brightness and colour*

390

391 Small differences in brightness (L) and colour measurements on the yellow-blue scale
392 (b) could be detected when comparing samples with 100%, 85% and 70% Na-P without
393 replacement. In experiment A, Na-reduction without replacement had a significant effect on b
394 (Table 5), with lower values (less yellow, more green) for samples with more Na. In
395 experiment B, the main-effect of K-P was significant (Table 6) with respect to L and a values
396 (higher values when K-P added). Results may indicate that amount and type of emulsifying salt
397 have an influence on the appearance, giving less bright and less yellow products with Na-P
398 reduction. The differences are, however, small compared with differences between the two
399 experiments, hence further studies are needed to see if the changes will be detectable by
400 consumers.

401

402 3.5. *Projective mapping*

403

404 PCA of textural measurements showed that a number of samples are similar according
405 to the measured variables, but judged differently in the acceptance test (Fig. 4). Therefore a
406 projective mapping (PM) was performed on nine selected samples from Experiment B to gain
407 more insight to how the instrumental measurements are related to the perceived quality. The
408 samples selected for PM was B1 (reference), B4 (centre point), B7, B8, B9, B16, B19, B21
409 and B22 (Table 3). Sample B4 was replicated in the PM. Of these samples B8, B16, B21, B22,
410 have 70% Na, whereas B7, B9 and B19 have 85% Na. Sample B22 (70% Na, 15% K-C) was

411 clearly different also in the PM, and was commented on as thin by the panel, otherwise the
412 panel detected small differences between the samples. The words used by the panellists
413 indicated, however, that samples with 70% Na were grainy, whereas the reference and those
414 with 85% were perceived as smooth and creamy.

415

416 **4. Discussion**

417

418 *4.1. Amount and type of emulsifying salt*

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420 The processed cheese recipe used in this study contained 1.1% of Na in the wet weight.
421 The Na ions sources in the processed cheese is the cheese used as raw material (0.40%) and
422 emulsifying salts (0.71%). To reduce the Na content in the final product, only the emulsifying
423 salt Na amount was reduced in this study. Therefore, in the sample where total Na content is
424 reduced by 30%, the emulsifying salt Na amount was reduced by 48% compared with 100%
425 sample to get 30% reduction of Na in the final product. To verify if the theoretical calculated
426 Na content in the processed cheese was similar to the analytical values, Na content was
427 determined in the processed cheese samples. The Na content given in the produced samples
428 (see Table 2 and Table 3) were similar to the calculated ones.

429 Emulsifying salts usually are basic and therefore by increasing their amount in the
430 processed cheese, the pH of the cheese increases (Table 2 and Table 3). The optimal pH value
431 for the production the processed cheese is between 5.6 and 6.1. Higher pH value (pH > 6.1)
432 causes that the cheeses are soft and may have microbiological problems, on the other hand
433 lower pH value (pH < 5.4) leads to harder cheese (Lee & Klostermeyer, 2001). The slightly
434 lower pH of the final product in the experiment B (Table 3) could be due to fact that cheese
435 used for production was from another production batch and the buffer capacity and pH of the

436 cheese could be different. When replacing sodium emulsifying salts with potassium
437 emulsifying salts, slightly higher pH of the processed cheese was obtained (Fig. 3). Higher pH
438 was also obtained in the processed cheese when replacing sodium with potassium equivalent
439 salts in the El-Bakry, Duggan, O’Riordan, & O’Sullivan (2011) and Kapoor and Metzger
440 (2008) studies. The solubility of potassium phosphate is higher compared with sodium
441 phosphate and this could be the reason of slightly higher pH of the cheese containing potassium
442 phosphate and citrate. Therefore, to replace sodium emulsifying salts by potassium
443 emulsifying salts, the pH adjustment needs to be considered.

444 Increasing emulsifying salt amount led to slight increase in lightness (Table 2 and 3). In
445 the Award, Abdel-Hamid, El-Shabrawy, & Singh (2004) study, an increased lightness was
446 explained by more soluble proteins adding more emulsifying salt that results in a more shiny
447 and less dark processed cheese.

448 Viscosity of the processed cheese was influenced by both the amount and type of the
449 emulsifying salt used for processed cheese production (Table 7) to some extent. Lower
450 viscosity was obtained in samples when viscosity was measured at 20 °C compared with 4 °C
451 and this is in agreement with the observations of Dimitreli, Thomareis, & Smith (2005).
452 Viscosity measurements at 20 °C (Vcp-20C), 4 °C (Vcp-4C) and after cooking (Vcp-hot)
453 contributed all to the same description of the differences between the samples, and due to this,
454 measurements of viscosity at one of this temperatures gives enough information about the
455 differences between samples in further experiments.

456 The viscosity dependence on the emulsifying salt amount and type had the same
457 tendency for the measurements at all three measuring temperatures. Adding less emulsifying
458 salt, the processe cheese has lower viscosity (Table 7) as less calcium can be bound and casein
459 solubilized. In the Guinee and O’Kennedy (2012) study the minimum amount of 0.75 g 100 g⁻¹
460 emulsifying salt (disodium orthophosphate) was obtained to get the homogeneous processing

461 cheese made from Cheddar type cheese. However, in this study a Gouda type cheese was used,
462 also the ingredient such as sodium hydroxide, lactic acid was not added and most probably
463 therefore more emulsifying salt had to be used to get homogeneous mass.

464 When 15% of sodium in phosphate form is replaced by the same amount of potassium
465 in phosphate or citrate salts, the viscosity of the cheese was similar to the reference sample and
466 most of the samples were evaluated as accepted (Fig. 4). Similar effect of citrate and phosphate
467 on the softness of the processed cheese was also obtained in other studies (Caric, Gantar, &
468 Kalab, 1985). However, when 30% of Na in phosphate form was replaced by either potassium
469 phosphate or citrate a slightly lower viscosity (thinner) of the processed cheese was indicated.
470 When adding potassium or citrates emulsifying salts a slight increase in pH (Fig. 3,
471 Supplementary material Fig. S1.) was obtained. A slight increase in pH may lower protein-
472 protein interaction and therefore slightly increased flowability and decreased the viscosity of
473 the product. Moreover, a weaker binding of the water by potassium compared with sodium
474 (Ohtaki & Radnai, 1993) also could lead to increased flowability of the cheese. Therefore
475 replacing 30% of Na by replacing sodium emulsifying salts with potassium emulsifying salts or
476 phosphate salts added citrate without adjustment of other processing parameters (e.g., creaming
477 time) would lead to the product with lower viscosity.

478

479 4.2. *Creaming time*

480

481 Due to the theory of processed cheese (Lee et al., 2003), the casein strands are
482 dispersed by action of mechanical shear and emulsifying salts during the initial phase of
483 cooking, and calcium phosphate bridges are broken and enhances protein hydration. The
484 swelling of protein units increase the dispersed phase volume as the proteins unfolded and
485 spread out increasing protein-protein interaction. During creaming proteins re-associate to form

486 a network structure which reflect in the observed viscosity increase (Lee et al., 2003).
487 Therefore, creaming time is important to make a good emulsion and protein interaction. In the
488 current study, the viscosity of the processed cheese increased with creaming time (Fig. 5,
489 experiment B bottom). However, over-creaming can collapse the gel-like network and cause
490 too compact structure, associated with product defects like grain, dry and brittle (Mulsow et al.,
491 2007).

492 In the Hoffmann and Schrader (2015) study the viscosity of the spreadable cheese was
493 decreasing with increased processing time (5 to 9 min) and this was attributed to the fact that
494 high cutter speed caused a viscosity peak and a new network formation within the first 5 min of
495 manufacture and prolong processing just break the network formed. Therefore optimal
496 creaming time should be set depending on the composition of the processed cheese.

497 Yield stress and strain reflects to the force that is needed before processed cheese starts
498 to flow. Shear stress and shear rate is a force that is needed be to applied to deform the sample.
499 Shear stress and shear rate decreased with increasing creaming time, potassium citrate and
500 phosphate levels. It could be that the hardness of the processed cheese was actually reduced by
501 increasing the creaming time (more expanded protein-protein network structure), even that the
502 product was less flowable. However increasing sodium content (emulsifying salt amount) in the
503 processed cheese the shear rate was reduced while shear stress increased. Yield stress and yield
504 strain increased with increasing the creaming time and emulsifying salt amount. This may
505 indicate that increasing the creaming time and emulsifying salts, the formed protein-protein
506 network structure was more stable and therefore it was needed more forces to get it to flow.
507 Similar results were observed by Beykont and Kilic-Akyilmaz (2014) that cheese hardness
508 increase with increased emulsifying salt concentration.

509

510 **5. Conclusions**

511

512 Reducing the amount of sodium phosphate emulsifying salt reduced the sodium content
513 in the final product, but also resulted in lower pH and viscosity. Replacing 15% of sodium
514 phosphate with potassium phosphate or citrate gave no changes in pH, viscosity and
515 rheological properties in the final processed cheese. Addition of citrate (both sodium and
516 potassium) improved the textural properties. This indicated that 15% of sodium can be reduced
517 by replacing sodium salts by potassium salts. However, 30% replacement of sodium by
518 potassium phosphate and citrate led to slightly lower pH and viscosity of the processed cheese.
519 Prolonged creaming time (from 1.5 min to 4.5 min) slightly improved the viscosity of the
520 processed cheese. However, creaming temperature (45–65 °C) was not important for viscosity
521 of the final product, but this is also could be due to some difficulties to control it as it increases
522 during creaming time.

523

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529

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610

611

Table 1

Amount and composition of emulsifying salts used in the experiments and total calculated amount of sodium (Total [Na]). ^a

Recipe	Code	Amount of melting salt (mmol 100 g ⁻¹)				Total [Na] (mmol 100 g ⁻¹)
		Disodium phosphate	Dipotassium phosphate	Trisodium citrate	Tripotassium citrate	
1	100% Na-P	15.3				43.9
2	85% Na-P	11.7				36.7
3	70% Na-P	8.0				29.5
4	85% Na-P; 15% K-P	11.6	3.6			36.5
5	70% Na-P; 15% K-P	8.0	3.6			29.3
6	70% Na-P; 30% K-P	7.9	7.2			29.1
7	70% Na-P; 15% Na-C	8.0		2.4		36.6
8	85% Na-P; 15% Na-C	11.6		2.4		43.8
9	70% Na-P; 15% K-C	8.0			2.4	29.3
10	85% Na-P; 15% K-C	11.6			2.4	36.4
11	70% Na-P; 15% Na-C; 15% K-C	7.9		2.4	2.4	36.4
12	85% Na-P; 15% Na-C; 15% K-C	11.5		2.4	2.4	43.4
13	77.5% Na-P; 7.5 %K-P; 7.5% K-C	10.0	1.8		1.8	33.3
14	85% Na-P; 15%K-P; 15% K-C	11.7	3.5		2.4	36.6
15	70% Na-P; 15%K-P; 15% K-C	7.9	3.5		2.4	29.1

^a Abbreviations are: Na-P, disodium phosphate dihydrate ($\text{Na}_2\text{HPO}_4 \cdot 2\text{H}_2\text{O}$); K-P, dipotassium phosphate (K_2HPO_4); K-C, tripotassium citrate monohydrate ($\text{K}_3\text{C}_6\text{H}_5\text{O}_7 \cdot \text{H}_2\text{O}$); Na-C, trisodium citrate dihydrate ($\text{Na}_3\text{C}_6\text{H}_5\text{O}_7 \cdot 2\text{H}_2\text{O}$).

Table 2Overview of experiment A. ^a

Recipe	Sqc.	Short name	Acceptance test	pH	Dry matter (%)	[Na] _T (%)	[Na] _M (%)	Colour		
								L	a	b
1	Ref.	100% Na-P	yes ?	6.18	39.34	1.01	0.97	86.5	-3.2	16.6
1	A8	100% Na-P	yes	6.2	39.4	1.01	0.99	86.6	-3.1	16.7
1	A19	100% Na-P	yes	6.14	38.96	1.01	0.97	86.3	-3.2	15.8
2	A11	85% Na-P	no	6.08	39.3	0.84	0.82	86.4	-3.3	16.8
2	A9	85% Na-P	no	6.05	38.97	0.84	0.84	86.7	-3.3	16.8
2	A18	85% Na-P	no	6.01	38.71	0.84	0.80	86.2	-3.2	16.9
3	A1	70% Na-P	no	5.97	38.84	0.68	0.65	86.2	-3.3	17.8
3	A13	70% Na-P	no	6.17	39.08	0.68	0.65	85.1	-3.4	18.0
4	A2	85% Na-P, 15% K-P	no	6.25	38.93	0.85	0.78	86.7	-3.2	16.2
4	A15	85% Na-P, 15% K-P	yes	6.37	39.22	0.85	0.79	86.1	-3.4	17.2
4	A17	85% Na-P, 15% K-P	yes	6.3	39.38	0.85	0.79	86.5	-3.1	16.4
5	A7	70% Na-P, 15% K-P	no	6.03	38.21	0.68	0.63	87.5	-2.9	16.0
5	A12	70% Na-P, 15% K-P	no	6.21	38.84	0.67	0.66	86.5	-3.3	16.5
6	A16	70% Na-P, 30% K-P	no	6.26	38.32	0.68	0.62	86.4	-3.2	16.4
6	A3	70% Na-P, 30% K-P	no	6.29	39.19	0.68	0.65	86.3	-3.3	16.8
11	A6	70% Na-P, 15% Na-C, 15% K-C	yes	6.1	39.24	0.85	0.80	86.1	-3.3	17.2
9	A14	70% Na-P, 15% K-C	no	6.28	38.86	0.68	0.68	86.2	-3.2	17.0
8	A4	85% Na-P, 15% Na-C	yes	6.07	39.14	1.02	1.01	86.9	-3.0	16.5
12	A20	85% Na-P, 15% Na-C, 15% K-C	no	6.22	39.05	1.02	0.95	85.9	-3.3	17.1
10	A5	85% Na-P, 15% K-C	yes	6.11	40.21	0.85	0.83	86.8	-3.1	16.6
7	A10	70% Na-P, 15% Na-C	no	6.29	39.33	0.85	0.83	86.4	-3.3	17.0

^a The amount and composition of emulsifying salt for each recipe is given in Table 1. The sequence (Sqc.) of the experiments follows the order: A1–A20. Acceptance test, pH, Dry matter, theoretical calculated and measured sodium amounts ([Na]_T and [Na]_M, respectively) and colour were measured in the final products. Creaming time and creaming temperature were constant 1.5 min and 60 °C, respectively. Standard deviation for measured sodium amount [Na]_M <0.02%, colours: L <0.3; a <0.2; b <0.2.

Table 3Overview of experiment B. ^a

Recipe	Sqc.	Creaming		Short name	Acceptance test	Start temp (°C)	Max temp (°C)	pH	Dry matter (%)	[Na] _T (%)	[Na] _M (%)	Colour		
		Time (min)	Temp (°C)									L	a	b
1	B1	1.5	60	100% Na-P	no	55	75	5.95	39.1	1.01	1.00	86.39	-3.39	16.55
1	B13	1.5	60	100% Na-P	yes	55	78	5.91	38.8	1.01	1.01	86.02	-3.64	15.49
2	B10	1.5	60	85% Na-P	no	55	79.7	5.83	38.4	0.84	0.75	84.83	-3.88	16.57
2	B7	4.5	75	85% Na-P	yes	65	84.4	5.85	38.6	0.84	0.78	85.84	-3.54	16.35
3	B23	1.5	75	70% Na-P	no	65	84.4	5.85	39.0	0.68	0.65	84.55	-3.84	17.65
3	B3	1.5	75	70% Na-P	no	65	84	5.77	38.6	0.68	0.65	84.27	-4.12	17.72
3	B5	4.5	60	70% Na-P	no	55	84.8	5.82	39.1	0.68	0.67	85.66	-3.59	17.89
4	B19	4.5	60	85% Na-P; 15%K-P	yes	55	81.9	6.05	38.8	0.85	0.80	86.73	-3.21	16.38
4	B20	1.5	75	85% Na-P; 15%K-P	maybe	65	83	6.00	39.0	0.85	0.81	86.02	-3.40	16.63
5	B11	4.5	75	70% Na-P; 15% K-P	yes	65	83.9	5.89	39.4	0.68	0.67	86.07	-3.49	16.52
5	B12	1.5	60	70% Na-P; 15% K-P	no	55	78.7	5.90	38.2	0.68	0.67	85.13	-3.81	16.71
5	B16	1.5	60	70% Na-P; 15% K-P	maybe	55	68.9	5.93	37.8	0.68	0.66	86.25	-3.42	16.65
5	B21	4.5	75	70% Na-P; 15% K-P	yes	65	85.7	5.93	38.6	0.68	0.66	86.35	-3.42	16.75
9	B14	1.5	60	70 Na-P; 15% K-C	no	55	78.9	5.86	38.3	0.68	0.70	85.20	-3.81	16.33
9	B22	4.5	75	70% Na-P; 15% K-C	no	65	87.3	5.90	39.1	0.68	0.67	85.50	-3.87	16.01
10	B17	1.5	75	85% Na-P; 15% K-C	maybe	65	82.9	5.99	38.9	0.85	0.83	86.12	-3.39	16.91
10	B18	4.5	60	85% Na-P; 15% K-C	yes	55	79.7	5.98	38.8	0.85	0.82	86.45	-3.29	16.51
13	B15	3	67.5	77.5% Na-P; 7.5% K-P; 7.5% K-C	maybe	60	82.8	5.95	38.5	0.77	0.78	86.21	-3.42	16.83
13	B4	3	67.5	77.5% Na-P; 7.5% K-P; 7.5% K-C	yes	60	85	5.89	38.9	0.77	0.76	86.12	-3.38	17.21
14	B2	1.5	60	85% Na-P; 15% K-P; 15% K-C	yes	45	72	6.16	39.3	0.84	0.80	85.83	-3.50	17.96
14	B9	4.5	75	85% Na-P; 15% K-P; 15% K-C	yes	65	85.5	6.06	39.5	0.84	0.77	85.87	-3.63	15.77
15	B24	4.5	60	70% Na-P; 15% K-P; 15% K-C	yes	55	83.7	6.03	39.7	0.67	0.68	85.79	-3.60	15.62
15	B6	4.5	60	70% Na-P; 15% K-P; 15% K-C	yes	55	80.3	6.04	38.9	0.67	0.64	85.89	-3.49	16.97
15	B8	1.5	75	70% Na-P; 15% K-P; 15% K-C	yes	65	83	6.00	39.4	0.67	0.67	85.68	-3.44	17.12

^a The amount and composition of emulsifying salt for each recipe is given in Table 1. The sequence (Sqc.) of the experiments follows the order: B1-B24. Acceptance test, pH, Dry matter, theoretical calculated and measured sodium amounts ([Na]_T and [Na]_M, respectively) and colour were measured in the final products. Standard deviation for measured sodium amount [Na]_M <0.02%, colours: L <0.3; a <0.2; b<0.2. Samples with bold labels indicate the fractional part of the design, remaining samples are references, centre points and replicates of single corners of the factorial design.

Table 4

Viscosity determination conditions using Brookfield DV-II+ viscometer.

Abbreviation: measuring point	Sample temperature	Spindle	Shear rate
Vcp-hot: viscosity determined after processed cheese was cooked	70±5 °C	Disc type - RV4	140 rpm. Because of very low viscosity 200 rpm was used in initial experiment for sample 1 and 13 and main experiment for samples 4, 5, 10 and 12.
Vcp-4C: determined on final processed cheese after 2 weeks of storage at 4 °C temperature and measured at 4 °C	4 °C	T – bar type. T-C	1.5 rpm. Because of high viscosity the following changes were made: in initial experiment for samples 6 and 20, 0.8 rpm and for sample 13, 0.6 rpm; in main experiment for samples 6 and 9, 0.2 rpm; for sample 2, 0.4 rpm and for samples 7 and 24, 0.7 rpm.
Vcp-20: final processed cheese after 2 weeks of storage at 4 °C and product then stored for 30 min at 20 °C before analysis	20 °C	T – bar type. T-C	6 rpm. Because of high viscosity the following changes were made: in initial experiment for samples 6 and 20, 2 rpm and for sample 13, 3 rpm; in main experiment for sample 2, 1 rpm, for sample 6, 0.9 rpm and for sample 9, 0.7 rpm. Because of very low viscosity the following changes were made: in main experiment for sample 16, 10 rpm and for sample 18, 4 rpm.

Table 5Summary experiment A. ^a

Response	<i>p</i> -Value for overall difference between 100% Na. 85% Na. 70% Na No replacement (Experiment A. part a)	Explained variance for PCA (%)	<i>p</i> -Value for overall difference between (100.0). (85. 15) and (70.30) (Experiment A. part b)	Explained variance for PCA (%)
pH	0.311		0.085	
Dry matter	0.700		0.481	
Colour L	0.242		0.923	
Colour a	0.186		0.897	
Colour b	0.017		0.663	
PC1	0.025	38.8	0.155	44.4
PC2	0.063	27.0	0.792	22.8
PC3	0.823	12.7	0.799	14.9

^a The first column represents *p*-values from one-way ANOVA including samples with full Na level and reduction without replacement. Textural properties were tested by ANOVA on the three first principal components from PCA on rheological, viscosity and expansion measurements. The PCA was conducted only for samples included in the test, and the explained variance is given in the second column. The third column gives *p*-values from one-way ANOVA on Na reduction with replacement, here also the PCA was done only for samples included in the test and the explained variance is given in the last column.

Table 6Results experiment B. ^a

Response	Method	<i>p</i> -Values for main effects				
		Creaming time	Creaming temp	Na-P	K-P	K-C
pH	ANOVA	0.491	0.207	0.0003	0.000003	0.0001
Dry Matter	ANOVA	0.214	0.156	0.296	0.296	0.036
Colour L	ANOVA	0.074	0.571	0.190	0.042	0.777
Colour a	ANOVA	0.309	0.491	0.155	0.043	0.862
Colour b	ANOVA	0.258	0.485	0.405	0.983	0.629
Multivariate texture	5050-MANOVA	0.131	0.706	0.003	0.005	0.012

^a ANOVA was used for each of the responses pH, Dry Matter, Colour L, Colour a and Colour, whereas 5050-MANOVA was applied for the set of variables describing texture (multivariate texture). For both univariate and multivariate analyses a model with main effects of creaming time, creaming temp, Na-P, K-P and K-C was applied. *p*-Values < 0.1 highlighted as bold font.

Table 7FDR (false discovery rate) adjusted *p*-values for rotation test for each of the effects. ^a

Parameter	Creaming		Na-P	K-P	K-C
	Time	Temp			
Viscosity					
Vcp-hot H	0.529	0.774	0.055	0.017	0.026
Vcp-4C	0.494	0.935	0.129	0.034	0.076
Vcp-20C	0.494	0.939	0.252	0.058	0.076
Rheology					
V50-5	0.270	0.774	0.004	0.026	0.026
SS-5	0.270	0.945	0.610	0.293	0.319
SR-5	0.494	0.818	0.071	0.040	0.341
V50-20	0.257	0.935	0.050	0.034	0.076
SS-20	0.494	0.935	0.685	0.273	0.319
SR-20	0.494	0.774	0.208	0.229	0.341
G-5	0.556	0.889	0.009	0.017	0.076
YS-5	0.494	0.935	0.004	0.071	0.076
YN-5	0.525	0.818	0.129	0.992	0.248
G-20	0.257	0.774	0.013	0.022	0.026
YS-20	0.378	0.935	0.075	0.120	0.076
YN-20	0.410	0.774	0.050	0.101	0.086
Objective measurement of expansion of processed cheese stripes					
TimeConstant	0.525	0.774	0.610	0.157	0.248
FinalExpansion	0.494	0.818	0.303	0.017	0.108
Expansion-5min	0.659	0.854	0.288	0.017	0.215

^a Results experiment B. Rheology results are: yield stress at 20 °C and 5 °C, YS-20 and YS-5, respectively; yield strain 20 °C and 5 °C, YN-20 and YN-5, respectively; standard viscosity sweep 20 °C and 5 °C, V50-20 and V50-5, respectively; shear rate at 20 °C and 5 °C, SR-20 and SR-5, respectively; shear stress at 20 °C and 5 °C, SS-20 and SS-5, respectively; storage modulus at 20 °C and 5 °C, G-20 and G5, respectively. Viscosity measurements: Vcp-hot, viscosity measured after processed cheese was cooked; Vcp-4C and Vcp-20, final processed cheese at 4 °C and 20 °C temperature. *p*-Values < 0.1 highlighted as bold font.

Figure legends

Fig. 1. Objective measurement of expansion of processed cheese stripes. A - Test set up consisted of two USB 3.0 cameras, a line laser and a moveable platform. B- 3D representation of the stripes. C - height profile measurements.

Fig. 2. Effects of Na reduction on pH in processed cheese from experiment A (left side) and experiment B (right side). Mean values of pH for different sodium phosphate-concentrations are given by circles, the error bars shown represent the mean plus/minus three standard errors of the mean (SEM), whereas the asterisks and crosses show individual measurements. For experiment B, the fractional part of the design is shown with asterisks, whereas the replicates and centre points are shown with crosses. In experiment A the overall test for difference is not significant ($p=0.31$), whereas in experiment B the main effect of Na-P is highly significant ($p<0.001$).

Fig. 3. Effects of Na-reduction and partial replacement with K-P on pH for experiment A (left side) and B (right side). Circle and error bars show the mean value for each level plus/minus 3 x SEM (standard error of the mean). Observations are shown as asterisks. In experiment A observations with (70,15) are shown as triangles, whereas in B observations that are not part of the factorial experiment are shown as crosses. The x-axis indicates level of K-P, the Na-level is 100 (K-P=0), 85 (K-P=15) and 70 (K-P=30), except for the triangles where Na-P is 70% (recipe 5, Table1). In experiment A the overall test is near significant ($p=0.08$), but no significantly different pairs after Tukey HSD post hoc test. In experiment B, the main effect of K-P is highly significant ($p<0.001$).

Fig. 4. Score plot, experiment A (top), experiment B (bottom). The symbols indicate different emulsifying systems as indicated by the legend, whereas the colour indicate if the sample was accepted or not in the acceptance test. Red = accepted, blue = not accepted. One sample (B23 with 70% Na and no replacement (see Table 3) was removed from the data before PCA. The reason for this was that the sample was extremely thin and non-homogenous. As a result, this sample dominated the second component completely. The results of PCA is therefore shown without this sample to highlight differences among the other samples.

Fig. 5. Correlation loading plot for experiment B. Experimental factors included as supplementary variables (blue text, italics). Due to space limits, the variable names are shortened: Rheology measurements: G =loss modulus, SS = Shear Stress, SR = Shear Rate, YS = Yield Stress, YN = Yield Strain, V50= Viscosity sweep. Vcp stands for viscosity. Vcp-H is viscosity measured after processed cheese was cooked (H=hot), The stars indicate measurements taken at 20 °C, the rest is taken at 5°C, with the exception of viscosity measurements which was taken at 4 °C. The correlation loadings obtained with experiment A was comparable to this and are not shown. The first component is most influenced by viscosity measurement and Yield Stress on the left side and expansion measurements and Shear Rate on the right side. Measurements taken at 5 and 20 °C are consistent for viscosity, Yield Stress and Shear Rate, whereas measurement on Yield Strain and Shear stress show differences between the temperatures.

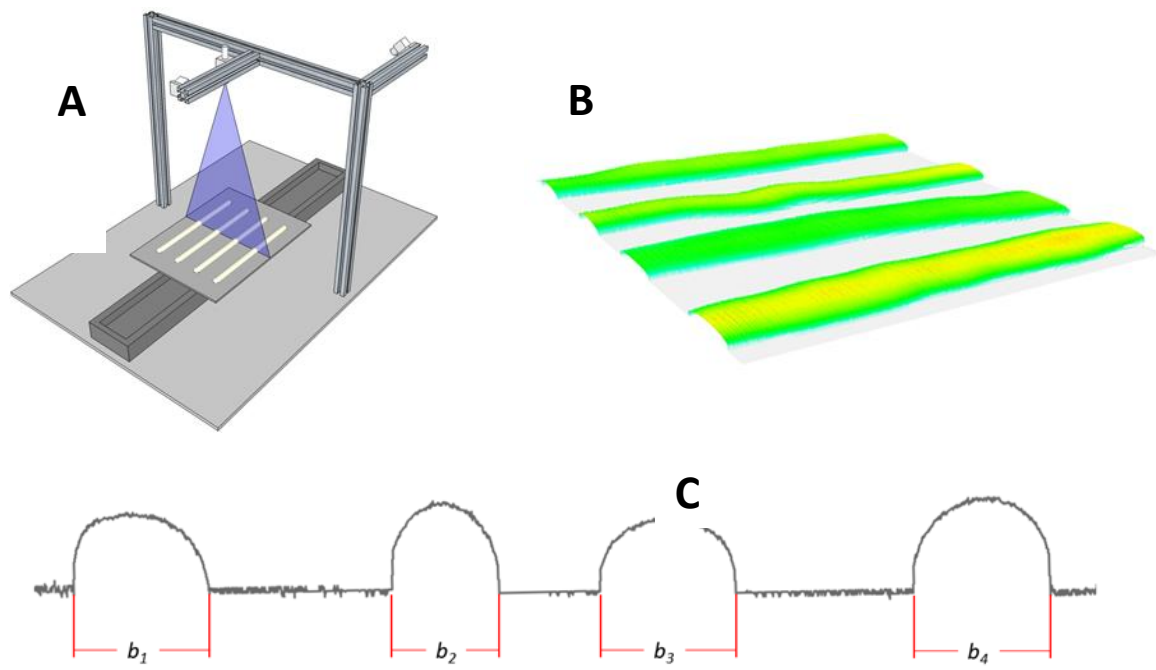


Figure 1

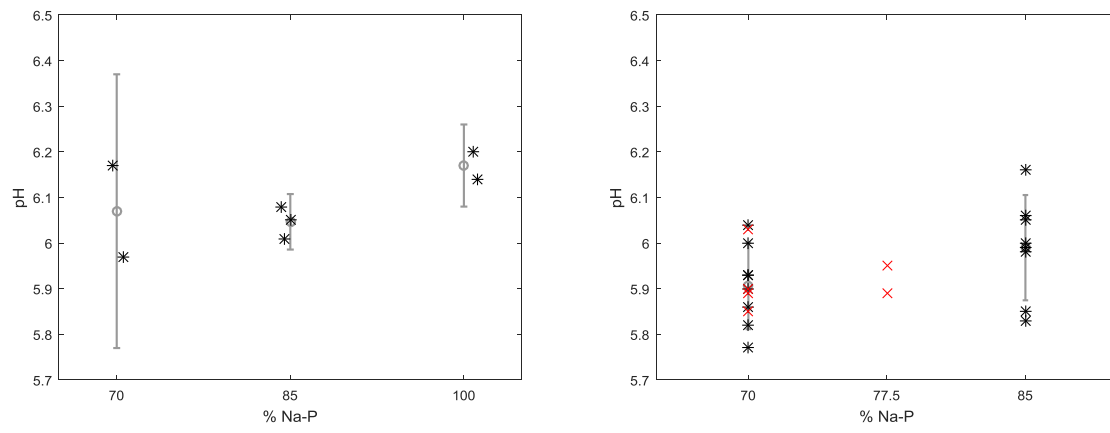


Figure 1.

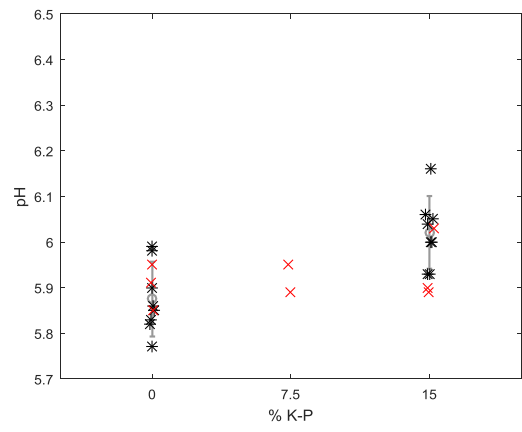
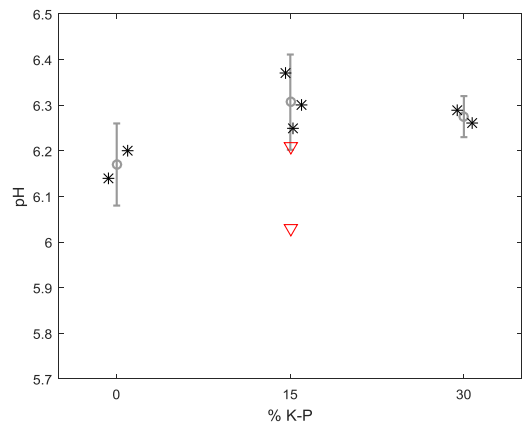


Figure 2

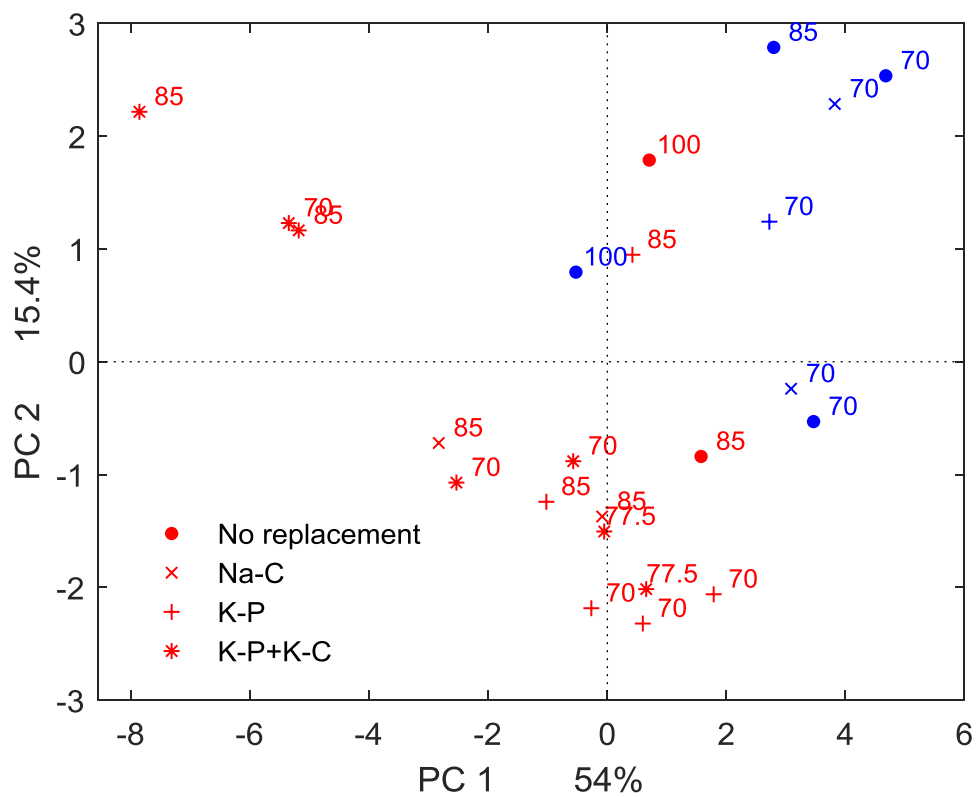
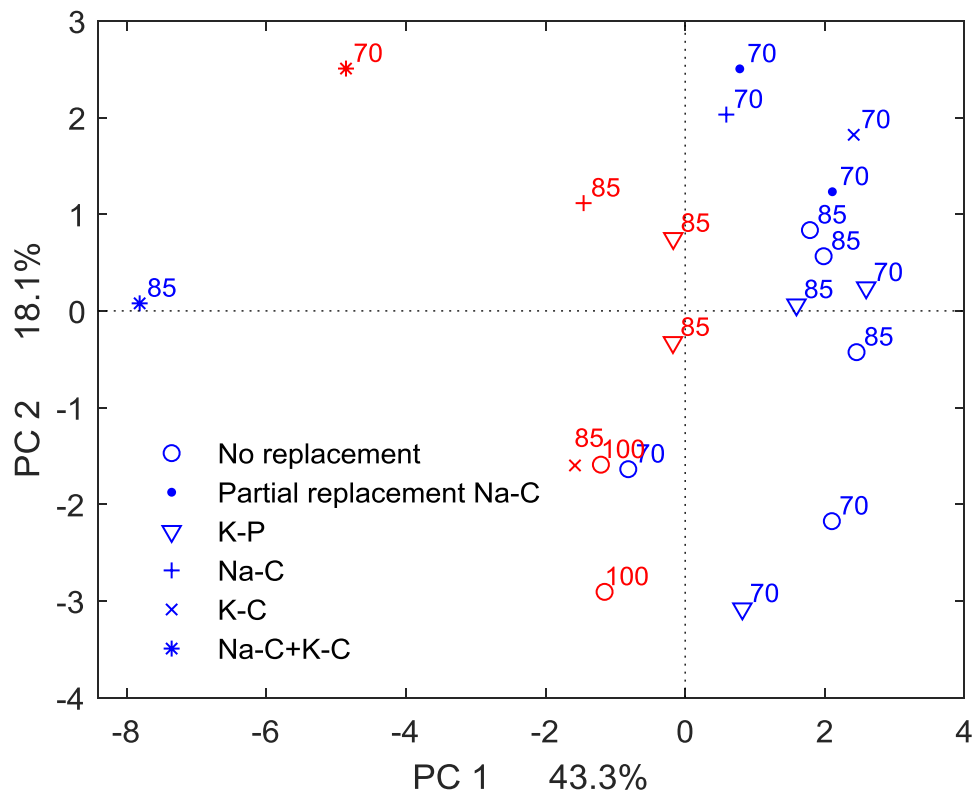


Figure 3

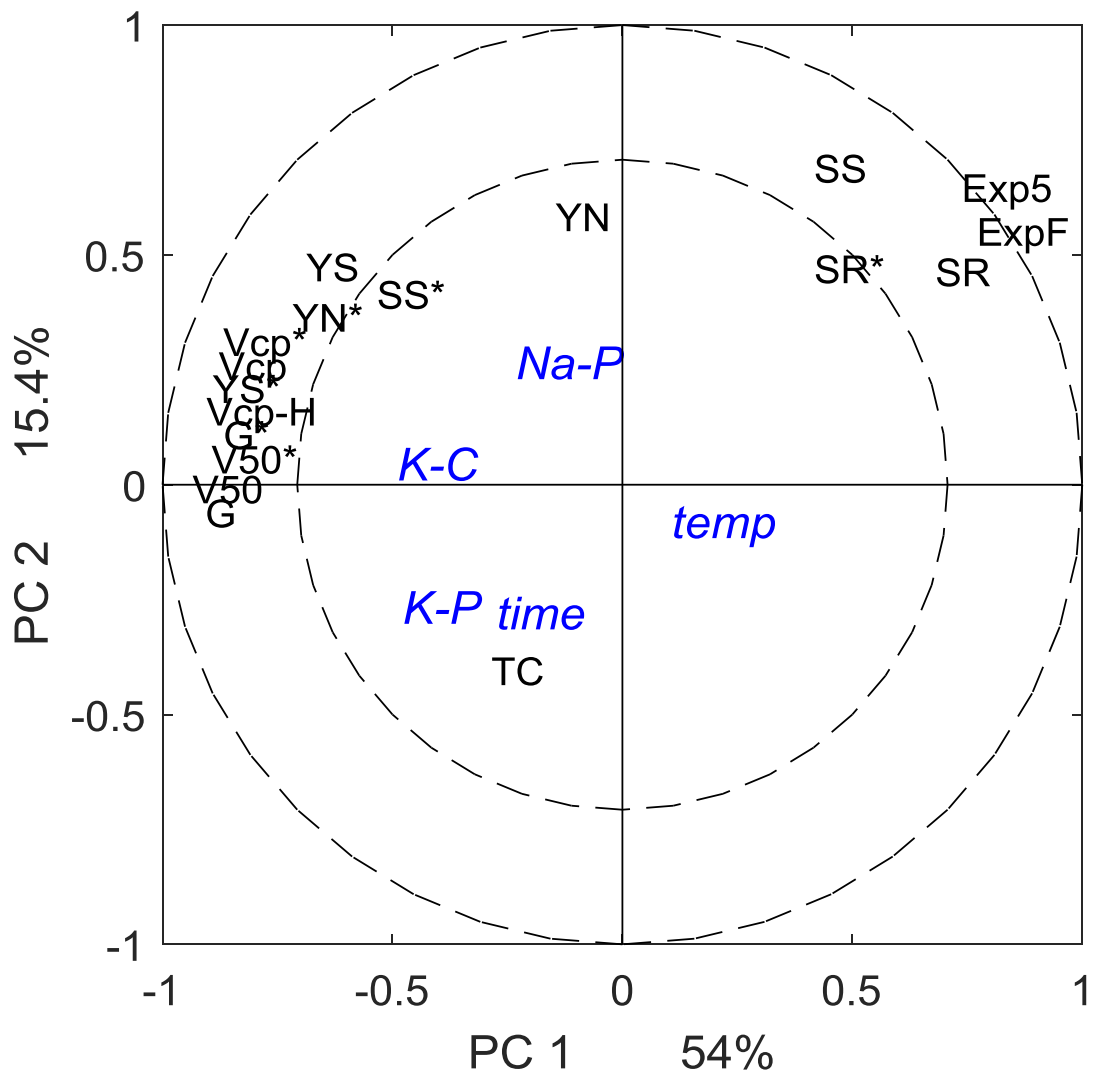


Figure 4

Supplementary Material

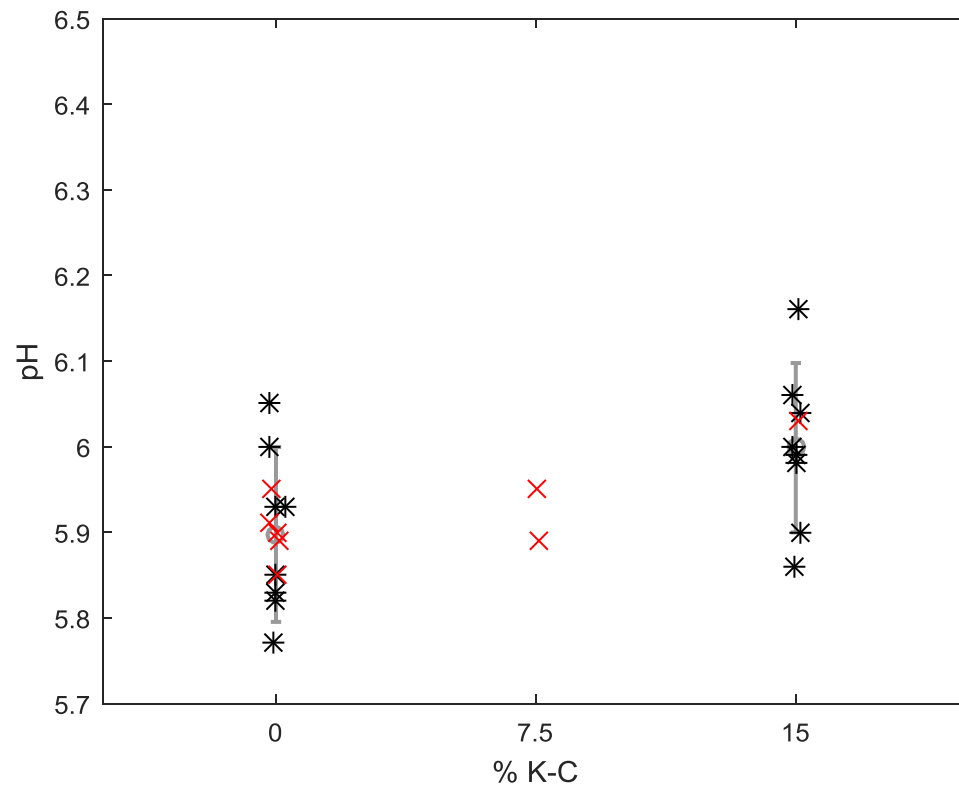


Fig. S1. Effect of K-C in experiment B.: Circle and error bars show the mean value for each level plus/minus 3*sem (standard error of the mean). Observations are shown as asterisks. Observations that are not part of the factorial experiment are shown as crosses. The x-axis indicates level of K-P. The p-value for the main effect of K-C on pH was <0.01