

## Table of themes

<i>Theme</i>	<i>Exemplary quote</i>
Difficulties having satisfying sex	<i>'A physically-challenged person is more likely to end up in a short-term relationship due to their challenges and intimacy.'</i>
The need to satisfy a lover	<i>'You are the guy who is going to be the one that needs to perform the whole time.'</i>
Finding sexual mutuality	<i>'I think in some ways you become a better lover when you can't move because you have to rely on talking and other things that you can do in that sense.'</i>
Sexual self-esteem	<i>'For me it was very affirming, although it was a bit of a shock that another female would be able to see me as not only attractive as a partner but attracted that sex could be pursued.'</i>